AAA NEWS Issue 11





Welcome To The All About Aquatics Newsletter

#### MARCH 2019

# Term 1 2019 Wrap Up



The start of each new year is always a frantic rush preparing venues, finalising enrolments, training and recruiting staff as well as welcoming new families and swimmers to swimming with AAA.

Managing multiple venues in Brisbane and a venue in Quilpie which is 1000kms away from Brisbane, brings unique challenges and opportunities.

I am incredibly proud to continue to provide high level aquatic education in both urban and rural environments.

March has also seen me take up an offer to return to my PE teacher roots one day a week.

It is a great experience and I've slipped back into the role like slipping on a comfy old jumper.

Geebung has now finished the swim season.

Nathan has done a fantastic job of keeping things running smoothly at Geebung both administratively, teaching and coaching.

Recently we experienced floods here in Quilpie.

Despite the floodwaters, everyone welcomed the much-needed rain and it has been lovely to see the grass sprout and the landscape to now show touches of green.

The season at Quilpie will also finish in the next few weeks.

This will see me again take on more training bookings for Lifeguard courses,

First Aid and CPR in both Quilpie and Brisbane.

I will also continue to present for AUSTSWIM at the upcoming Queensland conference in Brisbane as well as professional development courses throughout the Autumn/Winter season.

Our heated Everton Park venue will continue to swim straight through Term 2 and we all look forward to seeing our swimmers continue their aquatic journeys with AAA.

Until next time, take care and stay tuned for information on all things swimming and training.

Alina

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### **Brisbane and Quilpie News**

AAA are pleased to have so many new swimmers and families join our AAA tribe in Term one.

We were also excited to welcome back many long-term swimmers and families.

As well as our regular classes and squad sessions, March was a busy time at all AAA venues.

Quilpie screened The Croods on the 23<sup>rd</sup> of March at their regular movie and swim night.



On the 30<sup>th</sup> of March our coach Sharon hosted Oncore Academy at our Everton Park venue for a swimming clinic.



The clinic gave our AAA squad swimmers the opportunity to try some different drills and techniques as well as trial some unique swimming equipment lead by Australian Olympian Jessicah Shipper.







Keep your eye on our social media pages for upcoming events and offers throughout Term 2.

# **Brisbane Easter Holidays** and Term 2 Bookings



Easter school holidays are upon us and we will be in Term 2 before you know it.

With above average Autumn temperatures in Brisbane and a heated pool at Everton Park, Autumn is the perfect time to keep swimming.

You can also add additional lessons or squad sessions dependent upon your Term 2 schedule. Summer swim readiness and PB's are built over Autumn and Winter.

Geebung swimmers are welcome to transfer to our heated Everton Park venue over Term 2 and continue with their swim progress.

For more information on the above options and to book your spot give us a call or email:

#### **Brisbane:**

Ph: 0413 201 534

Email:

evertonpark@allaboutaquatics.com.au

#### Follow AAA on Social Media



Our Facebook pages:

All About Aquatics – Brisbane All About Aquatics – Quilpie



Find us on Instagram at:

@allaboutaquatics or, @aaaquilpie

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## **Aced it Awards**

Term 1 many AAA swimmers 'Aced' their swimming.

Here is a gallery of our latest Aced it awardees.

#### Quilpie Swimmers



Alexis McConnell



Ella Rose Walsh



Mark Cipone



Riley Barenes

# Brisbane Swimmers



Emmett



Michael McKenzie



Ben Field



Shyla Vincent



Ailie Linnett

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Tivinia Giles-Poles



Abby Palevski

We have loved seeing so many of our swimmers improve and give just that little bit extra in Term 1.

We love rewarding our swimmers and look forward to growing our gallery of 'Aced' it swim stars in 2019.

# That's a Wrap For Term 1

That's a wrap from everyone at All About Aquatics for now.

We are proud of the progress our swimmers have made throughout Term 1.

Whilst it is the end of the swim season at Geebung and with Quilpie also wrapping up in a few weeks, our heated Everton Park venue will swim straight through Term 2.

Until next time, take care and stay swim safe!

The AAA Team